## Clothing Size Charts

Am I an "XS", "S", "M", "L", "XL"...? What do these sizes correspond to...?
When buying clothes on W , sizing becomes more complicated: there is a great variety of sizes. Many sellers use American sizes (sizes from 0 to 18 for the top or from 26 to 38 for the bottom), some use European, US sizes (from 32 to 48) and others use standard or Asian sizes (S / M / L / XL).

In this table you can see the equivalence between sizes:

## Adult clothing size conversion chart AliXBLOG

| WOMEN (dresses, tops, jackets..) |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asian size | S | M | L | XL | 2 XL | 3 XL | 4 XL | 5 XL | 6 XL |
| Standard size | XS | S | M | L | XL | 2 XL | 3 XL | 4 LL | 5 XL |
| U.S \& Canada | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 |
| Europe | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| Australia | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| New Zealand | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| Africa | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| UK | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |


| WOMEN (pants, skirts...) |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asian size | S | M | L | XL | 2 XL | 3 XL | 4 XL | 5 XL | 6 XL |
| Standard size | XS | S | M | L | XL | 2 XL | 3 XL | 4 XL | 5 XL |
| U.S \& Canada | 28 | 30 | 31 | 32 | 33 | 34 | 36 | 38 | 40 |
| Europe | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| Australia | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 20 |
| New Zealand | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| Africa | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |
| UK | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |


| MEN (shirts, jackets...) |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asian size | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
| Standard size | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
| U.S \& Canada | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 |
| Europe | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| Australia | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| New Zealand | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| Africa | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| UK | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |


| MEN (pants, jeans...) |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asian size | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
| Standard size | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
| U.S \& Canada | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |
| Europe | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 |
| Australia | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| New Zealand | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| Africa | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| UK | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |

As with shoes, knowing the seller's size format and converting it to our usual size is not the best option: sometimes it is difficult to interpret what size the seller uses, it may be that the pattern of their sizes is different from your usual size and in case there's any issues with your disputes it will be difficult to get proof that the seller has made a mistake, because what matters are the measurements.

## That is why it is much better to follow these steps:

- Look for the table of measures in the product sheet, with the equivalence in centimeters.
- Compare with our measurements to choose the one that suits us the most. With these two simple steps you will find your ideal size (with a minimal error margin). And if the garment you receive is very different in terms of dimensions, it will be easier for you to get your money back.

Even if the garment arrives with the correct label, we can provide photos of the different dimensions of the garment. By attaching the seller's measurement table, you will be able to prove that they do not match and ELITSHOP manufactures and sellers will refund your money.

Below we explain how to measure yourself correctly and which are the most common measurements.

## How to know how much the clothes measure in centimeters / inches

As is the case with shoes, ELITSHOP manufactures and sellers will show you the equivalence in centimeters of each size just by hovering your mouse over it. Considering you have to check several measurements, we recommend you to click on "Size Information" to see the difference between different sizes.


From the app it works the same way.
Not all sellers have this system available but don't worry, if you scroll down you will get to the description of the garment where you will also find the table with all the measurements in centimeters.

## Size

| Size | Shou1der |  | Bust |  | Length |  | S1eeve |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | inch | cm | inch | cm | inch | cm | inch | cm |
| S | 13.4 | 34.0 | 33.9 | 86.0 | 23.6 | 60.0 | 21.3 | 54.0 |
| M | 13.8 | 35.0 | 35.4 | 90.0 | 24.4 | 62.0 | 22.0 | 56.0 |
| L | 14.2 | 36.0 | 37.0 | 94.0 | 25.2 | 64.0 | 22.8 | 58.0 |
| XL | 14.6 | 37.0 | 38.6 | 98.0 | 26.0 | 66.0 | 23.6 | 60.0 |
| 2XL | 15.0 | 38.0 | 40.2 | 102.0 | 26.8 | 68.0 | 24.4 | 62.0 |
| 3XL | 15.4 | 39.0 | 41.7 | 106.0 | 27.6 | 70.0 | 25.2 | 64.0 |
| 4XL | 15.7 | 40.0 | 43.3 | 110.0 | 28.3 | 72.0 | 25.6 | 65.0 |
| 5XL | 16.1 | 41.0 | 44.9 | 114.0 | 29.1 | 74.0 | 26.0 | 66.0 |

Others include a table in which they recommend a size according to your weight and height, but we still recommend you to confirm with the measurements in centimeters.

RECOMMEND SIZE CHART

| WEIGHT HEIGHT |  | 50 kg | 55 kg | 60 kg | 65 kg | 70kg | 75 kg | 80 kg | 85 kg | 90 kg | 95 kg | 100kg | 105 kg |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1101bs | 1201bs | 130 lbs | 143 lbs | 155 lbs | 165 lbs | 175 lbs | 1881bs | 2001 bs | 210 lbs | 2201 bs | 2301bs |
| 165 cm | $5^{\prime} 5^{\prime \prime}$ | M | M | L | XL | 2 XL | 2 XL | 3 XL | 3XL | 4XL |  |  |  |
| 170 cm | $5^{\prime} 7^{\prime \prime}$ | M | M | L | XL | 2 XL | 2 XL | 3XL | 3XL | 4XL | 5XL |  |  |
| 175 cm | $5^{\prime} 9^{\prime \prime}$ | M | L | L | XL | 2XL | 2XL | 3XL | 3XL | 4XL. | 5 XL | 5 XL |  |
| 180 cm | $5^{\prime} 11^{\prime \prime}$ |  | L | XL | XL | 2 XL | 2 XL | 3XL | 3XL | 4XL | 5 XL | 5 XL | 5XL |
| 185 cm | 6'1" |  |  | XL | 2 XL | 2 XL | 3XL | 3XL | 3XL | 4XL | 5XL | 5XL | 5XL |
| 190 cm | $6^{\prime} 3^{\prime \prime}$ |  |  |  | 2 XL | 2 XL | 3XL | 3XL | 4XL | 4XL | 5XL | 5XL | 5XL |

You will have to be careful not to get confused with the measurements in centimeters (cm) and inches (in) as they are two totally different measurement systems. Therefore, before measuring yourself, make sure that the table is available with the information in your measurement system.

## How to measure your body

Our recommendation for choosing clothes reliably is to use the tape measure to get your measurements. In order not to forget them, it is a good idea to write down all the measurements on a piece of paper and look at the notes to choose properly. These are the most common measurements.

- Shoulder: Size of the circumference of the shoulders, with the arms closed.
- Bust: Pass the tape under the armpits and measure the circumference at the widest part of the chest.
- Length: Refers to the length of the garment vertically, whether it is a T-shirt, dress, pants... It is used to compare with a similar garment.
- Sleeve: In this case it is the measurement of the sleeve, important if it is long sleeve. It is worth looking at a similar garment.
- Waist: Measure around the height where you normally wear pants, do not tighten the tape too much, it is advisable to put a finger between the tape measure and your body.
- Hip: Measure around the widest part of the hip.
- Thigh: Measure around the widest part of the thigh.

(1) Shoulder

Measure from the shoulder seam to shoulder seam.
(2) Bust

The fullest/widest part of the chest.
(3) Sleeve Length

Measure from the shoulder seam to the end fo the sleeve
(4) Front Length The longest part, from the bust to the hem.

(1) Waist

The smallest part of the waistline.
(2) Hip

The widest part of the pants or skirt around the hip area.
(3) Pants Length The longest part, from the bust to the hem.

## Rings

The cool and very cheap jewelry on ELITSHOP manufactures and sellers uses U.S. sizing:

| $\begin{gathered} \text { Size } \\ \text { (inches) } \end{gathered}$ | Size (mm) | $\begin{gathered} \text { Diameter } \\ (\mathrm{mm}) \end{gathered}$ | Australian size | British size | French size | $\begin{gathered} \text { German } \\ \text { size } \end{gathered}$ | Italian size | Japanese size | $\begin{gathered} \hline \text { Swiss } \\ \text { size } \end{gathered}$ | U.S.A. size |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $17 / 8$ | 48 | 15.27 | \| 1/2 | I-1/2 | -- | 15.25 | 8 | 8 | -- | $41 / 2$ |
| $115 / 16$ | 49 | 15.7 | J 1/2 | J 1/2 | -- | 15.75 | 9.5 | 9 | -- | 5 |
| 2 | 51 | 16.1 | L | L | $513 / 4$ | 16 | 10.5 | 11 | 11.75 | $51 / 2$ |
| $21 / 16$ | 52 | 16.51 | M | M | $523 / 4$ | 16.5 | 11.5 | 12 | 12.75 | 6 |
| $21 / 8$ | 53 | 16.92 | N | N | 54 | 17 | 13 | 13 | 14 | $61 / 2$ |
| $23 / 16$ | 55 | 17.35 | 0 | 0 | $551 / 4$ | 17.25 | 14.5 | 14 | 15.25 | 7 |
| $21 / 4$ | 56 | 17.75 | P | P | $561 / 2$ | 17.75 | 16 | 15 | 161/2 | $71 / 2$ |
| 2 5/16 | 57 | 18.19 | Q | Q | $573 / 4$ | 18 | 17 | 16 | 17.75 | 8 |
| $23 / 8$ | 58 | 18.53 | Q 1/2 | Q 1/2 | 58 | 18.5 | 18.5 | 17 | -- | $81 / 2$ |
| $27 / 16$ | 59 | 18.89 | R 1/2 | R 1/2 | $591 / 4$ | 19 | 19.5 | 18 | -- | 9 |
| $21 / 2$ | 61 | 19.41 | S 1/2 | S 1/2 | 601/2 | 19.5 | 21 | 19 | -- | $91 / 2$ |
| $29 / 16$ | 62 | 19.84 | T 1/2 | T 1/2 | $613 / 4$ | 20 | 22 | 20 | -- | 10 |
| 2 5/8 | 63 | 20.2 | U 1/2 | U1/2 | $623 / 4$ | 20.25 | 23.5 | 22 | -- | 101/2 |
| $211 / 16$ | 65 | 20.68 | V1/2 | V1/2 | $641 / 4$ | 20.75 | 25 | 23 | -- | 11 |
| $23 / 4$ | 66 | 21.08 | W 1/2 | W 1/2 | 66 | 21 | 26.5 | 24 | -- | 11 1/2 |
| $213 / 16$ | 68 | 21.49 | Y | $Y$ | $671 / 2$ | 21.25 | 27.5 | 25 | 27.5 | 12 |
| $27 / 8$ | 69 | 21.89 | Z | Z | $683 / 4$ | 21.75 | 28.5 | 26 | 28.75 | 121/2 |
| $215 / 16$ | 70 | 22.33 | -- | -- | -- | 22 | 30 | 27 | -- | 13 |

If you don't know your ring size, just measure the circumference of your finger and use this chart to choose your American size.

## Turkey Clothing Size Charts US and Europe

| ULUSLAR ARASI BEDEN ÇEVIRI TABLOSU |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Beden | XS | S | M | L | XL | XXL |
| TURKIYE | 34 | 36 | 38 | 40 | 42 | 44 |
| ITALYA | 38 | 40 | 42 | 44 | 46 | 48 |
| INGILTERE | 6 | 8 | 10 | 12 | 14 | 16 |
| AMERIKA | 2 | 4 | 6 | 8 | 10 | 12 |
| FRANSA | 34 | 36 | 38 | 40 | 42 | 44 |
| DANIMARKA | 32 | 34 | 36 | 38 | 40 | 42 |
| AVUSTURALYA | 8 | 10 | 12 | 14 | 16 | 18 |
| ALMANYA | 32 | 34 | 36 | 38 | 40 | 42 |

Erkek Beden Tablosu

| Beden <br> Ölçüsü (cm) | Small | Medium | Large | Xlarge | XXlarge |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Boyun | $35,5-37$ | $37,5-40$ | $40,5-42$ | $42,4-44$ | $44,5-46$ |
| Göğüs | $86-92$ | $94-102$ | $104-112$ | $114-122$ | $124-132$ |
| Kol | $81-83$ | $83-86$ | $86-89$ | $89-91$ | $91-93$ |
| Kol | $83-86$ | $86-89$ | $89-91$ | $91-94$ | $94-97$ |
| Bel | $28-30$ | $31-34$ | $35-38$ | $40-42$ | $44-46$ |
| Takım | $37-38$ | $39-41$ | $42-44$ | $46-48$ | $50-52$ |
| Kemer | $71-76$ | $78-86$ | $88-96$ | $98-108$ | $110-116$ |

## Beden Tablosu (BAYAN)

| Beden | TR/EU | Göğüs(cm) | Bel(cm) | Basen | İç (boy) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| S | 36-38 | 86-90 | 68-72 | 94-98 | 77 |
| M | 38-40 | 90-94 | 72-76 | 98-102 | 77 |
| L | 40-42 | 94-99 | 76-81 | 102-107 | 77 |
| XL | 42-44 | 99-104 | 81-86 | 107-112 | 77 |
| XXL | 44-46 | 104-109 | 86-91 | 112-117 | 77 |
| XXXL | 46-48 | 109-114 | 91-96 | 117-122 | 77 |
| XXXXL | 48-50 | 114-119 | 96-101 | 122-127 | 77 |

Beden Tablosu (Erkek)

| - Giyim |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Beden | TR/EU | Goğüs (cm) | Yaka | Kolboy (omuz) | İç(boy) |
| S | 40 | 91-96 | 38 | 75 | 78,5 |
| M | 42 | 96-101 | 41 | 77 | 80 |
| L | 44 | 101-106 | 43 | 78,5 | 82 |
| XL | 46 | 106-111 | 44 | 80,5 | 82 |
| XXL | 48 | 111-116 | 46 | 80 | 77,5 |
| XXXL | 50 | 116-121 | 48 | 81 | 78 |
| XXXXL | 52 | 121-126 | 50 | 82 | 79 |

## Beden Tablosu (ERKEK ÇOCUK)

| Giyim <br> Yaş | Boy | Göğüs(cm) | Bel | Basen | İç Boy |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $1-2$ yaş | $86-92$ | $50-52,5$ | $49-50,5$ | $51-53$ | $34-38$ |
| $3-4$ yaş | $98-104$ | $54,5-56$ | $52,5-54$ | $57-60$ | $41-45,5$ |
| $5-6$ yaş | $441-116$ | $58-60$ | $55-56$ | $62-64$ | $49-52$ |
| $7-8$ yaş | $122-128$ | $62,5-65$ | $57-59$ | $66-68$ | $56-59$ |
| $9-10$ yaş | $134-140$ | $68-71$ | $61-63$ | $71-75$ | $62-65$ |
| $11-12$ yaş | $146-152$ | $74,5-78$ | $65,5-68$ | $78-82$ | $67-70,5$ |
| $13-14$ yaş | $158-164$ | $82-86$ | $70,5-73$ | $85-89$ | $73,5-76$ |
| $15-16$ yaş | $170-176$ | $90-92$ | $75,5-78$ | $92-94$ | $79-82$ |

Beden Tablosu (KIZ çocuk)

| Giyim |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Yaş | Boy | Göğüs $(\mathrm{cm})$ | Bel | Basen | İç Boy |
| $1-2$ yaş | $86-92$ | $50-52,5$ | $49-50,5$ | $51-53$ | $34-38$ |
| $3-4$ yaş | $98-104$ | $54,5-56$ | $52,5-54$ | $57-60$ | $41-45,5$ |
| $5-6$ yaş | $110-116$ | $58-60$ | $55-56$ | $62-64$ | $49-52$ |
| $7-8$ yaş | $122-128$ | $62,5-65$ | $57-58$ | $66-70$ | $56-60$ |
| $9-10$ yaş | $134-140$ | $68-71$ | $59,5-61$ | $74-76$ | $63-66$ |
| $11-12$ yaş | $146-152$ | $74-77$ | $62,5-64$ | $80-84$ | $69-71,5$ |
| $13-14$ yaş | $156-160$ | $79,5-82$ | $65-67$ | $86-88$ | 74,577 |
| $15-16$ yaş | $164-170$ | $88-90$ | $71,5-73$ | $94-96$ | $77-77$ |

Göğüs :
Mezurayı göğüsünüzün üzerinden en genis noktasma yerleştirerek, göğsünüzün çecresi için ölçüm yapın

## Bel:

Ellerinizi belinize koyun. Elinizin bulunduğu nokta bel noktasıdr: O noktadan belinizin çevresini ölçün.
iç Bacak Boyu:
Bacak içini en üst çatal noktasından bilek kemiğine kadar ölçün.
-Mezuray düz tutmaya: yerel paralel olarak sekilde, kaydırmamaya dikkat etmelisiniz.
-Ölçü alırken kendinizi rahat birakmall, nefesinizi tutmamalı ve göğüs kafesini şisirmeden ölçü almalısmız.
-Ölçü alırken çplak benden üzerinden almalısmız


Göğüs:
Mezurayı göğüsünüzün üzerinden en genis noktasına yerleştirerek, göğsünüzün çecresi için ölçüm yapın

Bel:
Ellerinizi belinize koyun. Elinizin bulunduğu nokta bel noktasidrr: O noktadan belinizin çevresini ölçün.
iç Bacak Boyu :
Bacak içini en üst çatal noktasından bilek kemiğine kadar ölçün.
-Mezurayl düz tutmaya: yerel paralel olarak sekilde, kaydırmamaya dikkat etmelisiniz.
-Ölçü alırken kendinizi rahat brrakmal, nefesinizi tutmamalı ve göğüs kafesini sisirmeden ölçü almalisimz.
-Ölçü alırken çplak benden üzerinden almalısmız


## Göğüs:

Mezurayı göğüsünüzün üzerinden en genis
noktasma yerlestirerek, göğsünüzün cecresi için
öllcüm yapın
Bel:


## Göğüs:

Mezurayı göğüsünüzün üzerinden en genis
noktasma yerlestirerek, göğsünüzün çecresi için
ölçüm yapın
Bel:
Ellerinizi belinize koyun. Elinizin bulunduğu nokta bel noktasidur: O noktadan belinizin çevresini ölçün.

## iç Bacak Boyu:

Bacak içini en üst çatal noktasından bilek kemiğine kadar ölçün.
-Mezurayı düz tutmaya: yerel paralel olarak sekilde, kaydrrmamaya dikkat etmelisiniz.
-Ölçü alırken kendinizi rahat bırakmal, nefesinizi Otcü alırken kendinizi rahat burakmal, nefesinizi
tutmamalı ve göğüs kafesini șișirmeden ölçü almalısmı.
Ölçü alrrken çıplak benden üzerinden almalısmız


## Pant Size Charts

| ÖLÇÜLER (EN) | BEL ÖLÇÜSÜ (B) cm | KALÇA ÖLÇÜSÜ (K) cm |
| :--- | :--- | :--- |
| W 28 | $68-70$ | $86-89$ |
| W 29 | $70-73$ | $89-92$ |
| W 30 | $73-75$ | $92-94$ |
| W 31 | $75-78$ | $94-97$ |
| W 32 | $78-80$ | $97-99$ |
| W 33 | $80-83$ | $99-102$ |
| W 34 | $83-86$ | $102-105$ |
| W 38 | $86-91$ | $105-110$ |
| W 40 | $91-96$ | $110-115$ |
| W 42 | $96-101$ | $115-120$ |


| System | Sizes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Europe | 35 | $351 / 2$ | 36 | 37 | 371/2 | 38 | 381/2 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | $461 / 2$ | 48\%/2 |
| Mexico |  |  |  |  |  | 4.5 | 5 | 5.5 | 6 | 6.5 | 7 | 7.5 | 9 | 10 | 11 | 12.5 |
| Japan | 21.5 | 22 | 22.5 | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 26.5 | 27.5 | 28.5 | 29.5 | 30.5 | 31.5 |
|  | 21 | 21.5 | 22 | 22.5 | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 27 | 28 | 29 | 30 | 31 |
| U.K. | 3 | 31/2 | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | $61 / 2$ | 7 | $71 / 2$ | 8 | 81/2 | 10 | 11 | 12 | 131/2 |
|  | $21 / 2$ | 3 | $31 / 2$ | 4 | $41 / 2$ | 5 | 51/2 | 6 | 61/2 | 7 | $71 / 2$ | 8 | 91/2 | 101/2 | $111 / 2$ | 13 |
| Australia | 3 | $31 / 2$ | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | 61/2 | 7 | $71 / 2$ | 8 | 81/2 | 10 | 11 | 12 | $13^{1 / 2}$ |
|  | $31 / 2$ | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | $61 / 2$ | 7 | $71 / 2$ | 8 | $81 / 2$ | 9 | 101/2 | $11^{1 / 2}$ | 121/2 | 14 |
| U.S. \& Canada | 31/2 | 4 | $41 / 2$ | 5 | 5\% | 6 | 61/2 | 7 | $71 / 2$ | 8 | 81/2 | 9 | 10\% | $111 / 2$ | 12\%/2 | 14 |
|  | 5 | $51 / 2$ | 6 | 61/2 | 7 | $71 / 2$ | 8 | $81 / 2$ | 9 | 91/2 | 10 | 10.5 | 12 | 13 | 14 | 15.5 |
| Russia \& Ukraine * W | 331/2 | 34 |  | 35 |  | 36 |  | 37 |  | 38 |  | 39 |  |  |  |  |
| Korea (mm.) | 228 | 231 | 235 | 238 | 241 | 245 | 248 | 251 | 254 | 257 | 260 | 267 | 273 | 279 | 286 | 292 |
| Inches | 9 | 91/8 | 914 | 9318 | 91/2 | $95 / 8$ | 93/4 | 97/8 | 10 | 101/8 | 101/4 | 101/2 | 103/4 | 11 | 111/4 | $111 / 2$ |
| Centimeters | 22.8 | 23.1 | 23.5 | 23.8 | 24.1 | 24.5 | 24.8 | 25.1 | 25.4 | 25.7 | 26 | 26.7 | 27.3 | 27.9 | 28.6 | 29.2 |
| Mondopoint | 228 | 231 | 235 | 238 | 241 | 245 | 248 | 251 | 254 | 257 | 260 | 267 | 273 | 279 | 286 | 292 |

## Children

## Shoes for children and babies

In the case of children's and babies' shoes, the system is the same as in the adult shoes explained above: the sizing can be in American, European or Chinese format.

| Children's Shoe Sizes |  |  |  |
| :---: | :---: | :---: | :---: |
| UK | European | US | Japan |
| 4 | 20 | $41 / 2$ or 5 | 12 1/2 |
| $41 / 2$ | 21 | 5 or $51 / 2$ | 13 |
| 5 | 21 or 22 | $51 / 2$ or 6 | $131 / 2$ |
| $51 / 2$ | 22 | 6 | $131 / 2$ or 14 |
| 6 | 23 | $61 / 2$ or 7 | 14 or $141 / 2$ |
| $61 / 2$ | 23 or 24 | $71 / 2$ | $141 / 2$ or 15 |
| 7 | 24 | $71 / 2$ or 8 | 15 |
| $71 / 2$ | 25 | 8 or 9 | 15 1/2 |
| 8 | 25 or 26 | $81 / 2$ or 9 | 16 |
| $81 / 2$ | 26 | $91 / 2$ | $16^{1 / 2}$ |
| 9 | 27 | $91 / 2$ or 10 | $161 / 2$ or 17 |
| 10 | 28 | $101 / 2$ or 11 | $171 / 2$ |
| $10 \frac{1 / 2}{}$ or 11 | 29 | $111 / 2$ or 12 | 18 or 18 1/2 |
| 11 1/2 | 30 | 12 1/2 | 18 |
| 12 | 31 | 13 | 19 or $191 / 2$ |
| $121 / 2$ | 31 | 13 or $131 / 2$ | $191 / 2$ or 20 |
| 13 | 32 | 1 | 20 |
| $131 / 2$ | $321 / 2$ | $11 / 2$ | $201 / 2$ |
| 1 | 33 | $11 / 2$ or 2 | 21 |
| 2 | 34 | $21 / 2$ or 3 | 22 |


| Children's Clothing Sizes |  |  |  |
| :---: | :---: | :---: | :---: |
| UK | European | US | Australia |
| 12 m | 80 cm | $12-18 \mathrm{~m}$ |  |
| 18 m | $80-86 \mathrm{~cm}$ | $18-24 \mathrm{~m}$ | 18 m |
| 24 m | $86-92 \mathrm{~cm}$ | $23 / 24 \mathrm{~m}$ | 2 |
| $2-3$ | $92-98 \mathrm{~cm}$ | $2 T$ | 3 |
| $3-4$ | $98-104 \mathrm{~cm}$ | $4 T$ | 4 |
| $4-5$ | $104-110 \mathrm{~cm}$ | 5 | 5 |
| $5-6$ | $110-116 \mathrm{~cm}$ | 6 | 6 |
| $6-7$ | $116-122 \mathrm{~cm}$ | $6 \times-7$ | 7 |
| $7-8$ | $122-128 \mathrm{~cm}$ | 7 to | 8 |
| $8-9$ | $128-134 \mathrm{~cm}$ | 9 to 10 | 9 |
| $9-10$ | $134-140 \mathrm{~cm}$ | 10 | 10 |
| $10-11$ | $140-146 \mathrm{~cm}$ | 11 | 11 |
| $11-12$ | $146-152 \mathrm{~cm}$ | 14 | 12 |

This table will be useful if the shoes are for a gift, but if you are buying for your children and you have the possibility to measure their feet, this option is much more recommendable.

## Clothing for children and babies

The same happens with the clothing sizes, whose equivalence you have in this table:

Baby Sizing Chart

| Age | Height cms | Weight Kgs | Height Inches | Europe | Australia | UK | USA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Premie | Under 40 cms | Under 3kg | Under 16 Inch |  | Prem | 0-3 Months | Newborn-1m |
| Newborn | Under 50 cms | Under 3 kg | Under 20 inch | 56 | 0000 | 0-3 Months | Newborn-1m |
| 2-3 Months | Under 50 Cms | Under 3kg | Under 20 inch | 62 | 000 | 3 Months | Newborn-1m |
| 3-6 Months | 50-55 | 2.4-5 | 20-22 | 68 | 00 | 6 Months | 3-6 Months |
| 6-9 Months | 52-58 | 5.5-7 | 21-23 | 74 | 0 | 9 Months | 6-9 Months |
| 9-12 Months | 66-76 | 7-10.5 | 26-30 | 80 | 1 | 12 Months | 9-12 Months |
| 12-18 Months | 76-84 | 10-13.5 | 27-31 | 86 | 18 m | 18 Months | 12-18 Months |
| 18-24 Months | 81-89 | 12.5-16 | 32-36 | 92 | 2 | 23/24 Months | 24 Months |
| 3 Years | 89-94 | 15-18 | 36-38 | 98 | 3 | 2 A | 2T |
| 4 Years | 95-102.5 | 15-20 | 38-41 | 104 | 4 | 3A | 4 T |
| 5 Years | 102.5-107.5 | 17-20.5 | 41-43 | 110 | 5 | 4A | 5 |
| 6 Years | 107.5-112.5 | 19.5-20.4 | 43-45 | 116 | 6 | 5A | 6 |
| 7 Years | 112.5-120 | 24.5-29.5 | 45-48 | 122 | 7 | 6 A | 6X-7 |
| 8 Years | 120-125 | 29.5-37.5 | 48-50 | 128 | 8 | 7A | 7 to 8 |
| 9 Years | 125-130 | 37.5-47.5 | 50-52 | 134 | 9 | 8A | 9-10 |
| 10 Years | 130-137.5 | - | 52-55 | 140 | 10 | 10A | 12 |

## How to measure Your childs height

- Make sure you measure from the base of he heel to the top of the head
- Match a combination of weight and height when determining size

But even here, we do not recommend you to buy a garment relying only on the equivalences. In the product description you will find instructions from the seller to measure your child and make sure you get the right size.

## Other sizes

Finally, let's review how to find your size for less common products such as hats, gloves, underpants, bras, panties, socks...

## Underwear (briefs, bras, panties, socks)

Let's start with the easy part. To find panties and briefs you simply use the same system we showed you in the clothing sizing section. It's pretty simple, just measure yourself with a tape measure around where you usually wear your underpants / briefs. Then you go to the conversion chart and see what size you are.

For bras, you can also use the tape measure if the cup measurement system is not the one you use in your country. This is how you have to measure (the bust at 45 degrees to determine cup size and the bottom of the breasts to determine band size):

For socks, simply use the steps we taught you in the shoes section. Sock sizes work the same as shoe sizes. The only difference is that they go in ranges, such as European size 39 to 42 is size M (if my foot size falls in this range then I would buy size M socks).

## Gloves

If you want to buy gloves on ELITSHOP manufactures and sellers (whether they are dress gloves, motorcycle gloves, bike gloves...), the glove sizing process is very similar.

With the help of a tape measure get the measurement of the circumference of your wrist, then measure the distance between your wrist to your middle finger, as in the photo.


## Sunglasses

Here are several photos that show you how to know the measurements and dimensions of other types of products. For example, to make sure you don't get sunglasses that are too big for you, sometimes it's worth taking a look at the dimensions of the product.


## Handbags

The same applies to bags and briefcases. It is convenient to know more or less the dimensions it has so that it fits perfectly to your needs. For example, in the case of a briefcase, you should check if it is big enough to carry your laptop.


## Watches

Finally, when choosing a watch it is also important to look at the size of the watch as it will not look the same on different wrists. That's why we recommend you look at the diameter of the watch case to see if it's too big for your wrist, although you may like it that way.

In many watches there are versions for men and women with different case diameters and strap lengths.


## Jewelry Finger Sizes for Chine And EU/US

## RING SIZE CHART

| US Size | RU Size | UKIEU Size | ```Finger Diameter (in mm)``` | Finger Circumference (in mm) |
| :---: | :---: | :---: | :---: | :---: |
| 5 | 15 3/4 | J 1/2 | 15.7 | 49.3 |
| 5.5 | 16 | K 1/2 | 16.1 | 50.6 |
| 6 | 16 1/2 | L 1/2 | 16.5 | 51.9 |
| 6.5 | 17 | M 1/2 | 16.9 | 53.1 |
| 7 | $171 / 4$ | N 1/2 | 17.3 | 54.4 |
| 7.5 | 17 3/4 | -1/2 | 17.7 | 55.7 |
| 8 | 18 | P 1/2 | 18.1 | 57 |
| 8.5 | $181 / 2$ | Q 1/2 | 18.5 | 58.3 |
| 9 | 19 | R 1/2 | 19 | 59.5 |
| 9.5 | 19 1/2 | S 1/2 | 19.4 | 60.8 |
| 10 | 20 | T 1/2 | 19.8 | 62.1 |
| 10.5 | $201 / 4$ | U $1 / 2$ | 20.2 | 63.4 |
| 11 | $203 / 4$ | V 1/2 | 20.6 | 64.6 |
| 11.5 | 21 | W 1/2 | 21 | 65.9 |
| 12 | 21 1/4 | $\times 1 / 2$ | 21.4 | 67.2 |
| 12.5 | 21 3/4 | Z | 21.8 | 68.5 |
| 13 | 22 | Z+ | 22.2 | 69.7 |

If you can not find a matching size, pls contact us for resize in free.


To find your ring size, place your ring on top of any one of these circles. The size of your ring is where the red circle sits snugly around the inner circumference of the ring.

RING SIZE CONVERSION TABLE

| INCHES | MM | HK | JAP | USA | UK | FRA | GER | SWIT |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| . 52 | 13.21 | 3 | 2 | 2 | D | 41.5 | 13.25 | 1.5 |
| . 536 | 13.61 | 5 | 3 | 2.5 | $E$ | 42.75 | 13.75 | 2.75 |
| . 553 | 14.05 | 6 | 4 | 3 | F | 44 | 14 | 4 |
|  |  |  | 5 |  | G | 45.25 |  | 5.25 |
| . 569 | 14.45 | 2.5 |  | 3.5 |  |  | 14.5 |  |
|  |  |  | 6.5 | 3.75 | H | 48.5 |  | 6.5 |
| . 585 | 14.86 | 9 | 7 | 4 | H.S |  | 15 |  |
|  |  |  |  | 4.25 | 1 | 47.75 |  | 775 |
| 651 | 15.27 | 16 | 8 | 4.5 | 15 |  | 15.25 |  |
|  |  |  |  |  | , | 49 |  | 9 |
| 618 | 15.70 | 11 | 9 | 5 | 15 |  | 15.75 |  |
|  |  |  |  |  | K | 50 |  | 10 |
| 6.34 | 1510 | 172 |  | 5.5 | 1 | 51.75 | 16 | 11.75 |
|  |  |  | 11 |  | L. 5 |  |  |  |
| . 650 | 16.57 | 13 | 12 | 6 | M | 52.75 | 16.5 | 12.75 |
| . SE¢ | 16.92 | 14.5 | 13 | 6.5 | N | 54 | 17 | 14 |
| . 683 | 17.35 | 16 | 14 | 7 | 0 | 55.25 | 17.25 | 15.25 |
| . 699 | 17.75 | 17 | 15 | 7.5 | $p$ | 56.5 | 17.75 | 16.5 |
| . 716 | 18.19 | 18 | 16 | 3 | Q | 57.75 | 18 | 17.75 |
| . 732 | 18.59 | 19 | 17 | 85 |  |  | 18.5 |  |
|  |  |  |  |  | R | 59 |  | 19 |
| 74.3 | 18.99 | 20.5 | 18 | 9 |  |  | 19 |  |
|  |  |  |  |  | 5 | 60.25 |  | 20.25 |
| 764 | 19.41 | 22 | 19 | 9.5 |  |  | 19.5 |  |
|  |  |  |  |  | T | 61.5 |  | 21.5 |
| .781 | 19.84 | 23 | 20 | 10 | T. 5 |  | 20 |  |
|  |  |  | 21 | 16.25 | U | 62.75 |  | 22.75 |
| . 797 | 23.24 | 24 | 22 | 10.5 | 4.5 |  | 20.25 |  |
|  |  |  |  |  | V | 63.75 |  | 23.75 |



## Shoes

The standard size format in ELITSHOP manufacturers and Sellers for shoes is the American one (the one that is $6.5|7| 7.5|7.5| 8 \mid 8.5 \ldots$ ), however, you will get some sellers using the Chines and European system. These two can be difficult to identify at a single glance, as the most common shoes sizes in both systems range around 39 to 46.

This can lead to some confusion as they use very similar numbering, so be ware.
How does it work? Very easy, you just have to locate your country in the table. If your country does not appear or you do not know your equivalence in the European size, go to method 2.

For example, let's say you live in Europe or you know what size you wear in the European system and you want to know what size you are in Chinese shoes. Let's say you are a 40 in Europe. Now you just have to follow the Europe line until you find the size 40.

As we know that in ELITSHOP manufacturers and Sellers almost always use the American size, you will go down the column until you find the U.S \& Canada row. You will see that there are two rows, one with an $M$ (men) and one with a W (women). So if I you're a woman, your shoe size on in ELITSHOP manufacturers and Sellers would be a 9 and if you're a man it would be a 7.5 .

## Here you can see the conversion table:

| System | Sizes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Europe | 35 | 351/2 | 36 | 37 | 371/2 | 38 | 381/2 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 461/2 | 481/2 |
| Mexico |  |  |  |  |  | 4.5 | 5 | 5.5 | 6 | 6.5 | 7 | 7.5 | 9 | 10 | 11 | 12.5 |
| Japan | 21.5 | 22 | 22.5 | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 26.5 | 27.5 | 28.5 | 29.5 | 30.5 | 31.5 |
|  | 21 | 21.5 | 22 | 22.5 | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 27 | 28 | 29 | 30 | 31 |
| U.K. | 3 | $31 / 2$ | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | 61/2 | 7 | $71 / 2$ | 8 | 81/2 | 10 | 11 | 12 | 131/2 |
|  | 21/2 | 3 | $31 / 2$ | 4 | 41/2 | 5 | $51 / 2$ | 6 | 61/2 | 7 | $71 / 2$ | 8 | 91/2 | 101/2 | 111/2 | 13 |
| Australia | 3 | $31 / 2$ | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | $61 / 2$ | 7 | $71 / 2$ | 8 | 81/2 | 10 | 11 | 12 | 131/2 |
|  | 31/2 | 4 | $41 / 2$ | 5 | $51 / 2$ | 6 | $61 / 2$ | 7 | $71 / 2$ | 8 | $81 / 2$ | 9 | 101/2 | 111/2 | 12\%/2 | 14 |
| U.S. 8 Canada | $31 / 2$ | 4 | $41 / 2$ | 5 | $5 \% / 2$ | 6 | $61 / 2$ | 7 | $71 / 2$ | 8 | 81/2 | 9 | 101/2 | 11 1/2 | $12 \% / 2$ | 14 |
|  | 5 | 51/2 | 6 | 6\%/2 | 7 | $71 / 2$ | 8 | $81 / 2$ | 9 | $91 / 2$ | 10 | 10.5 | 12 | 13 | 14 | 15.5 |
| Russia \& Ukraine * W | $331 / 2$ | 34 |  | 35 |  | 36 |  | 37 |  | 38 |  | 39 |  |  |  |  |
| Korea (mm.) | 228 | 231 | 235 | 238 | 241 | 245 | 248 | 251 | 254 | 257 | 260 | 267 | 273 | 279 | 286 | 292 |
| Inches | 9 | 91/8 | 91/4 | 93/8 | $91 / 2$ | $95 / 8$ | 93/4 | 97/8 | 10 | 101/8 | 101/4 | 101/2 | 103/4 | 11 | 111/4 | 111/2 |
| Centimeters | 22.8 | 23.1 | 23.5 | 23.8 | 24.1 | 24.5 | 24.8 | 25.1 | 25.4 | 25.7 | 26 | 26.7 | 27.3 | 27.9 | 28.6 | 29.2 |
| Mondopoint | 228 | 231 | 235 | 238 | 241 | 245 | 248 | 251 | 254 | 257 | 260 | 267 | 273 | 279 | 286 | 292 |

## Recommended method: measure your foot

However, finding out what size format the seller uses and then converting it to your countries size is NOT a good idea for various reasons: its hard work, you should never trust the size the seller indicates, and because it is difficult to win a dispute arguing that the seller's sizing is not correct.

Instead what you have to do is:

1. Take a look at the product sheet and find the shoe sizes in centimeters (CM).
2. Measure your feet.

This fool proof method almost never fails and you will be completely covered if you needed to open a dispute.

You would only have to send a photo measuring the shoe that has arrived. If these measurements do not match those advertised on the sellers page, in ELITSHOP manufacturers and Sellers will have no option but to refund you.

Below we explain how to measures your foot correctly in centimeters.

## Where can you find the conversion table in centimeters

In recent years in ELITSHOP manufacturers and Sellers has improved greatly when it comes to helping consumers determine their size. Now, in most products, centimeters appear as a column in the size section.

In the app, you have to click on the product image and then on each size.


On the web version, hover your mouse over each size:


Li-Ning Men BASIC RUNNING SHOES Jogging Running Shoes Wearable LiNing St: upport Leisure Sneakers Sport Shoes ARSRO23
$\rightarrow+\rightarrow+$ 5.0~17 Reviews 44 orders
US $\mathbf{\$ 7 0 . 0 1}$


This is true for most products, but it may happen that the seller has not uploaded the size information, in which case you have to go to the product description, where the seller will have uploaded an image with the necessary conversions.

Remember that in the app you can get to the description by clicking on "Item Description" and on the web you just have to scroll down. You can't miss it!

## How to measure your foot

If you are doing it alone it can be a bit tricky, but the good news is that if you're an adult, you only have to do it once time.

Put your foot on top and mark the length between heel and toe. This is the famous measurement in centimeters that all retailers show.


You can also lean your heel against the wall and make just one mark. Now you can go to the seller's table and choose your size. If you are between two sizes, choose the larger one.


## Frequently asked questions and tips

Chinese sizing is smaller than Western sizing
The Chinese / Asian sizing is characterized by being smaller than the European or American because the Asians are physically different.

If you have always been a M in Europe, do not trust and think that the M shirt you have seen on ELITSHOP manufactures and sellers will fit you like a glove.

## Sizes vary depending on the seller

Do not make the mistake of thinking "last time I bought a M on ELITSHOP manufactures and sellers it was fine, so I will always be a size M in China".

As there is no uniform sizing system on ELITSHOP manufactures and sellers, you should always make sure that the size is going to fit you (and here's how to do it).

## Sizing is not always in Chinese format

On ELITSHOP manufactures and sellers most sellers are from China, but they don't always use Asian sizes. There are stores that use European or American sizing, as they are focused on the international market.

For example, shoe sizes are almost always in American format.

## Look at the product data sheet

It is in the seller's interest that you get the size right the first time to avoid problems with returns, so they will make it easy for you to choose the right size.

That's why on most products you can find size charts with very detailed information. In this article we have explained you where to find them, both in the app and web.

They look like this:


## Contact the seller

If you still have doubts about sizing on ELITSHOP manufactures and sellers, it is best to contact the seller directly. We also recommend you to look at consumer reviews as they will usually give an indication if the sizes are actually a little bigger or smaller than what it says on the charts (this also applies to clothing sizes).

## Can I change the size of my garment?

If the measurements of the garment match the seller's description but it doesn't fit, the only way to get our money back is to return the product.

But if we have bought from a warehouse in China, the shipping may be more expensive than the garment itself, so we recommend you to look at ELITSHOP manufactures and seller resale groups that you can find on social media.

## The size does not correspond to the description

A very different case is that we have done our part and the measurements of the garment that we receive are very different from those advertised by the seller.

If the seller offers a free return, we can send it to them, but if not, ask for a full refund without shipping claiming that shipping is very expensive and it is not your fault. Add photos measuring the garment to your dispute and a screenshot of the seller's measurement chart.

